

A typical work day

Full-time Mail Mobile Letter Carrier	Rural and Suburban Mail Carrier
<ul style="list-style-type: none"> • Arrive/Read order book • Get oversized, short and long mail • Start sorting to line of delivery • Drop off missorts, get personal contact items • Pick up and sort turnaround mail • Organize householders for that day • Pick up and line up parcels • Pull sorted mail • Write up or scan personal contact items • Pick-up, scan and line up late Priority Courier • BREAK (10 minutes) • Obtain and safety check Canada Post vehicle • Load vehicle • Drive to route and deliver mail • Drive to meal on route location • Wash-up (5 minutes) • LUNCH (30 minutes) • Drive to route and deliver • BREAK (10 minutes) • Continue delivering • Drop off carded parcels and signature items (undeliverables) at retail postal outlet or station • Drive to station and drop off vehicle • Wash-up (5 minutes) • DEPART 	<ul style="list-style-type: none"> • Arrive • Get oversized, short and long mail • Start sorting to line of delivery • Drop off or pile missorts, get personal contact items • Pick up and sort turnaround mail (in some cases) • Organize householders for that day • Pull and pack sorted mail into box or bag • Get and line up parcels • Write up or scan personal contact items (sometimes later) • Pick-up, scan and line up Priority Courier (in some cases) • NO PAID BREAK • Use own vehicle. • Load vehicle • Drive to route and deliver mail • No wash-up • NO PAID LUNCH • Still delivering • NO PAID BREAK • Still delivering • Drop off carded parcels and signature items (undeliverables) at retail postal outlet or station • Drive to station or post office and drop off personal contact item sheet • No paid wash-up • LEAVE